



# Maple Valley Junior Football & Cheer Code of Conduct

## As a PARENT/GUARDIAN participating in Maple Valley Junior Football & Cheer -

1. I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
2. I will praise my child for trying hard and competing fairly and thus make my child feel like a winner every time.
3. I will never ridicule or yell at my child, other players, coaches or officials. I will cheer all good plays and avoid booing opponents.
4. I will respect and show appreciation to the volunteer coaches and officials who give their time to my child.
5. I will not question the officials' bias or judgment in public nor encourage that behavior in my child. I will respect all officials and their decisions because I understand that all officials do their utmost to be impartial, provide a safe and suitable playing framework and see that the game is well played.
6. I will show respect for my team's opponents, because without them there would be no game.
7. I will not use profanity, nor will I harass players, coaches, officials or other spectators.
8. I will remember that my child participates for his/her enjoyment and not mine.

## As an ATHLETE participating in Maple Valley Junior Football & Cheer –

1. I will adhere to the Maple Valley Junior Football & Cheer **Zero-Tolerance** Policy. Maple Valley Junior Football & Cheer adheres to the Tahoma School District Code of Conduct for Sports. (Listed in TSD Co-Curricular Handbook.)
2. For Football Players: I will always follow the basic rule of **Fair Play**. I will respect the rules of the game, my opponents and the officials and their decisions. Everyone on the side lines will participate and I personally will maintain my self control at all times.
3. For Cheerleaders: I will respect the rules of cheerleading, officials and their decisions. I will participate to my fullest ability and maintain my self control at all times.
4. For Football Players: On game day, I shall arrive at least 1 ½ hours prior to game time for warm-ups and weigh-ins. I shall be fully dressed and ready to go. This period is necessary to discuss team strategies and game plans.
5. For Cheerleaders: On game day, I will arrive at least ½ hour prior to game time for warm-ups. I will be fully dressed and ready to go. I understand that this period is necessary to warm-up and practice.
6. For Football Players: On practice day, I shall arrive at least 15 minutes prior to practice start time.
7. For Cheerleaders: On practice days, I will arrive at least 5 minutes prior to practice start time, line up and be ready to go at the start of practice. I understand that additional practices will be added on closer to Cheer Championships.
8. I will participate in the game and at every practice to my full ability except for an illness, injury or school event. I understand that if I must miss a game or practice, I will notify my Coach or Team Manager as soon as possible.
9. I understand that **Scholastics shall take precedence over Football & Cheer activities**.
10. I will not use foul language towards anyone, be it teammates, coaches, officials, opponents or spectators.
11. I will not be critical of teammates and never discuss others' abilities except to encourage good team play.
12. I will be responsible for my uniform and assigned equipment, and will ensure that it is complete, safe and in good condition at all times.
13. Football and Cheer are team sports. I am on a team and I will be a team player at all times.
14. I will respect all of my teammates, coaches, board members and my competitors.
15. I will always listen to my coach's instructions.
16. I will conduct myself in a dignified manner at all times, especially on "the road". I understand that I represent MVJF&C association and the community of Maple Valley.

## As an Athlete by printing and signing my name below I promise to abide by this Code of Conduct.

Print Athlete's Name	Athlete's Signature	Date

I \_\_\_\_\_ promise to abide by this Code of Conduct.

(Please print parent/guardian's name)

Parent/guardian signature: \_\_\_\_\_ Date \_\_\_\_\_