

SPSJFL Weight Limits

89ers weight limits		
Age	Minimum Weight	Maximum Weight
7 Years Old	No Minimum	95 lbs.
8 Years Old	No Minimum	85 lbs.
9 Years Old	No Minimum	75 lbs.

Sweet Peas weight limits		
Age	Minimum Weight	Maximum Weight
8 Years Old	86 lbs.	115 lbs.
9 Years Old	76 lbs.	105 lbs.
10 Years Old	No Minimum	95 lbs.
11 Years Old	No Minimum	75 lbs.

Bantams weight limits		
Age	Minimum Weight	Maximum Weight
9 Years Old	106 lbs.	125 lbs.
10 Years Old	96 lbs.	115 lbs.
11 Years Old	76 lbs.	105 lbs.
12 Years Old	No Minimum	90 lbs.

Midgets weight limits		
Age	Minimum Weight	Maximum Weight
10 Years Old	116 lbs.	145 lbs.
11 Years Old	106 lbs.	135 lbs.
12 Years Old	91 lbs.	125 lbs.
13 Years Old	No Minimum	110 lbs.

Pee Wees weight limits		
Age	Minimum Weight	Maximum Weight
11 Years Old	136 lbs.	170 lbs.
12 Years Old	126 lbs.	160 lbs.
13 Years Old	111 lbs.	150 lbs.
14 Years Old	No Minimum	140 lbs.

Cheerleaders limits		
Age	Minimum Weight	Maximum Weight
5-15 Years Old	No Minimum	No Maximum